

# **NARCHI Jalandhar Branch activities - 2023**

# Awareness Programme in Kolkata Jan 2023



# Narchi Along with democratic council visited maternity and child ward at Civil Hospital Jalandhar and Distributed woolens on 12/01/2023



# Awareness Programme at Civil Hospital on 12/01/2023



# Celebrated Republic Day at IMA Hall on 26/01/2023



Health Awareness  
Camp at Govt. Girls  
High school, Model  
Town Jalandhar on  
01/02/2023.  
Topic - Breast exam,  
Anemia, Menstrual  
Problems, HPV  
Vaccination, and  
cervix cancer and  
breast cancer



# Health Awareness Camp at Govt. Girls High School on 01/02/2023



# Webinar

Topic- all about amniotic fluid organized for all Punjab OBGYN Societies on 01/02/2023





# Cancer awareness and health awareness programme at HMV College Jalandhar on 02/02/2023 "Fashion Insta Programme"



# Health Awareness Camp at Tagore Day Boarding School, Model Town Jalandhar on 06/02/2023.

Topic - Breast exam, Anemia, Menstrual Problems, HPV Vaccination, and cervix cancer and breast cancer



- **Health Awareness Camp at Tagore Day Boarding School, Model Town Jalandhar on 06/02/2023.**



# Health Awareness Camp at Shri Parvati Jain Co. Ed, school, Jalandhar on 07/02/2023. Explain about Breast exam, Anemia, Menstrual Problems, HPV Vaccination, and cervix cancer and breast cancer



# Health Awareness Camp at Shri Parvati Jain Co. Ed, school, Jalandhar on 07/02/2023





# Health Awareness Programme at KMV College on 09/02/2023 ON K. M. V. CARNIVAL



Chawla Nursing Home in association with NARCHI is conducting a school health programme in Rajpati Jain School Basti Adda Jalandhar On 23/02/23 at 9.30am







Conducted Health Care Talk for Adolescent and young students at DAV College Jalandhar on 28/02/2023 and distributed ribbons movement and told significance of Prevent the Preventable by Dr. Taina



# Ribbon Movement at KMV College on Women Day Celebration On 06/03/2023



# Health Awareness Programme at Old Age Home, Gulab Devi Road, Jalandhar on 10/03/2023





# Women Day Celebration at Daviet College Jalandhar on 10/03/2023 and Ribbon Movement given



# Women Day Celebration at GNA University, Phagwara on 11/03/2023 and Ribbon Movement and told significance of Prevent the Preventable



# Health Awareness Programme at Doaba College on the Eve of Annual Convocation 18/03/2023 and Ribbon Movement and told significance of Prevent the Preventable







Cervical Cancer & Health Awareness Programme at Amber Residency Hotel  
Hoshiarpur on MSD Conference 24/03/2023 and Ribbon Movement and told  
significance of Prevent the Preventable



Breast Cancer Awareness and Health Awareness Programme at Pathankot on District Level ROTARY Conference 26/03/2023 and Ribbon Movement and told significance of Prevent the Preventable.



Ribbon Movement at HMV College to Celebrate 97 Foundation Day on 26/03/2023 and Ribbon Movement and told significance of Prevent the Preventable.



# Recording at Radio City Jalandhar on 11/04/2023 Topic:- Safe Mother Hood



Conducted Awareness programme about Infertility to the students and teaching staff of LPU Jalandhar on 27/04/2023 by Dr. Sushma Chawla and Ribbon Movement to Prevent the Preventable cervical cancer and breast cancer was explained by distributing ribbons among all students in a significant various awareness programme



# Ribbon Movement at HMV College ON AMARJYOTI 29/04/2023 and Ribbon Movement and told significance of Prevent the Preventable.





# Ribbon Movement at CT Institute Jalandhar on World Dance Day 30/04/2023 and Ribbon Movement and told significance of Prevent the Preventable.





Ribbon Movement at Fortune Hotel Jalandhar on CME Topic:-  
Menopause 28/05/2023 and Ribbon Movement and told significance  
of Prevent the Preventable.



# Ribbon Movement at Hotel Regent Park , Jalandhar meeting WDW on 12/07/2023



# Tree Plantation drive on 23/07/2023 with Rotary club jalandhar west. Let us work for environment for future generation



- Women health must be the top priority for every . Attended international interdisciplinary aesthetic gynecology conference on 30<sup>th</sup> July 2023, Talked about how to help women who do not conceive with latest technology. My request is to be aware of aging changes in the body and ask what we can do for you?



Celebrated World Breastfeeding week 04/08/2023 and Ribbon Movement and told significance of Prevent the Preventable.



# Celebrate Happy Independence Day



# Ribbon Movement at KMV College on Saraswati Pooja 19/08/2023 chief Guest Deputy Commissioner



# Marathon for equality at LPU Jalandhar on 21/08/2023







# Celebrated World Entrepreneurs Day At KMV College on 04/09/2023



On teacher's day 5<sup>th</sup> of September 2023 Honored  
Principal of Govt Senior School village Hazara  
Jalandhar and



On teacher's day 5<sup>th</sup> of September 2023 Honored 250 teachers & principal in Sehgal Memorial Hall.



# Celebrated International eye donation day on 09/09/2023



# Conducted Webinar on 12<sup>th</sup> September 2023. Webinar on “Staying Healthy in Midlife with Indian Menopausal Society

**Session 2: Key Note Address**  
Time: 04:15 to 04:40 PM

<b>EXPERT</b>	<b>SPEAKER</b>
<b>Topic : "Mature Man What they Want "</b>	
	
<b>Dr Pushpa Sethi</b> President , IMS	<b>Dr Hara Pattnaik</b> Past President, IMS

**Session 3: Panel Discussion - Staying Healthy in Midlife**  
Time : 04:40 pm to 05:30 pm

<b>MODERATORS</b>		<b>EXPERTS</b>			
					
<small>Dr Ragini Agrawal Joint Secretary, IMS</small>	<small>Dr Anita Shah Vice President, IMS</small>	<small>Dr Sushama Chavla Past President, Jalandhar Menopause Society</small>	<small>Dr Bharti Sahai Asst. Prof Govt PGCB Medical College Jalandhar</small>		
<b>PANELISTS</b>					
					
<small>Dr H K Chandra Prof &amp; Head OBG Dist. Academics PMT Jalandhar</small>	<small>Dr Chitra Gupta Vice President Jalandhar Menopause Society</small>	<small>Dr Alka Mathur Past President, Gurgaon Menopause Society</small>	<small>Dr Sonal Richharia Life Scientist, Jalandhar Menopause Society</small>	<small>Dr Ajayna Deygria Member, Jalandhar Menopause Society</small>	<small>Dr Sonal Sahni Associate Professor H.C.E. Medical College Jalandhar</small>

**Session 4 Capsule on Connecting Body, Mind and Soul**  
Time : 05:30 -06:00pm

<b>EXPERTS</b>		<b>SPEAKER</b>
		
<small>Dr Anita Shah Vice President, IMS</small>	<small>Dr Anil Gupta Secretary Jalandhar IMS</small>	<small>Dr William Derral Women's Health &amp; Health Expert "Aging Gracefully"</small>
<b>VOTE OF THANKS</b>		
		
<small>Dr Sukriti Sharma Bansal Secretary Jalandhar Menopause Society</small>	<small>Dr Pallavi Jain Secretary, Jalandhar Menopause Society</small>	

For Registration  
Digital Partner  
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# Awareness Programme at CT School Jalandhar



Statue of sustainability and empowerment made of waste by students was inaugurated on 18th Dec 2023. Found 80 percent N.C.C. well to do girls anemic from college .Told them to take Zental and start iron tablets.

