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PART

Profile

- **National Association for Reproductive and Child Health of India (NARCHI)** is a professional people's voluntary organization founded in the year 1975. We have 5500 members in throughout India, made up of mainly doctors and few other professionals. **NARCHI** promotes reproductive and child health care by training of MBBS doctors, direct intervention in emergency obstetric care and directly providing a range of integrated clinical services to the economically backward and underserved rural community. Leadership of NARCHI is provided by professors of obstetrics and gynaecology, paediatrics, surgery and all other specialists.
- NARCHI partners **Ministry of Health and Family Welfare**, Government of India.
- **Indian College of Maternal and Child Health (ICMCH)** was founded as an academic wing of NARCHI on 22. 09.1990, to promote standardized education and training and research on obstetrics, gynaecology, reproductive child health, ontraception, demography and related areas.
- ICMCH is affiliated to **International Association for Maternal and Neonatal Health (IAMANEH)**, Geneva, SWITZERLAND.
- IAMANEH is a global academic partner of **GFMER (www.gfmer.ch)**, Geneva and follows the syllabus and guidelines of GFMER.
- **NARCHI - ICMCH courses DGO, DCH and eight new courses had been affiliated to Karnataka State Open University (KSOU) since last academic session, 2012-2013**

Vision

Our vision is to stabilize the Indian population within the next two decades and provide safe motherhood through medical care, intervention and training.

Mission

To contribute to the cause of Reproductive Child Health by direct intervention and academic training of health professionals.



NARCHI Executive Committee (2012 - 2014)

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(New Delhi)

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(Agra)
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Eligibility

To join as a life member

MBBS, Specialist of any discipline, BAMS, BHMS, BUMS, Nurse and Non – Physician Professional achievers and other key people can join the society as life members. Members must be dedicated to work lifelong on Reproductive and Child Health (RCH) – contraceptive education and care for 1 – 2 child family.

To open a NARCHI branch at your city

NARCHI members or ICMCH Fellow Guide of any city can collect minimum 15 life members and send bank D/D of Rs. 7,500/- in name of NARCHI to Headquarter along with filled up membership form of each member. The branch will be headed by the senior most practitioners, attached with the nearest medical college or a retired Professor. Headquarter sends charter to open bank A/C in the name of NARCHI (name of the town). A local NARCHI Branch would include Dr. C. S. Dawn ICMCH Fellow Guides and all other ordinary members also. A meeting is convened to elect office bearers of the local branch. Branch will abide by the constitution of NARCHI Head Quarter. The branch will keep Rs. 500/- per life member for the branch and send Rs. 500/- to Headquarter.

To become a fellow guide

- MD (Post Graduation after MBBS), DNB or equivalent

Qualification

- Has to be either a present or past teacher at a recognized medical college. For present teachers of medical college attachment for more than five years.
- 15 years of continuous practice since completing MD (for non teachers).
- Must be attached to a Hospital / Nursing Home / Clinic and in regular Consultative practice on Obstetrics, Gynaecology or Paediatrics.
- He/She must be a fellow member of the organization.
- Very senior practitioner of exception with diploma in Obs & Gyn who made valuable contribution to the profession is also considered.

How to join the Academic Programme as a Fellow Guide

If you fulfill the criteria of a Fellow Guide (FG) and own a hospital/ attached to one which have the minimum criteria then proceed as follow :
Download two Membership and two Fellowship forms and relevant Hospital affiliation form from our website www.narchi.org and send to HQ, Kolkata without any payment.
Please enclose a brief Bio Data of FG's & Photographs of the Hospital in CD or hard copy.

To open Dr. C.S. Dawn ICMCH Training Centre

- Well equipped Obs - Gyn hospital /nursing home

has minimum 30 beds with minimum 250 annual deliveries, 300 MTP s and adequate Obs, Gynae, Family planning work for one / two trainee.

- For resident trainee duty room with toilet is mandatory.
- For Obs - Gyn / Paediatric courses please send filled up application form downloaded from our website (www.narchi.org) alongwith adequate photos/ CD to HQ. Hospital will be inspected by a deputed Inspector.
- Training Centre is expected adequate work load to permit trainee to do hands on practice on free or low cost patients. For Obs/Gyn centres minimum deliveries should be 300 annually. There should be D & Cs, MTP, Mini lap, Tubectomy and Laparotomies of reasonable numbers. A fare number of cases should be conducted by the candidates personally under supervision of Fellow Guides.
- The training Centre must have two fellow guides per candidates. With single fellow guide there must be two or more fellows who will be a teacher as co – guide.
- FG /fellows in a training centre must follow Dr. C. S. DAWN Religion of Humanism discipline (to put on white coat), honesty, sacrifice, nationalism (educating people to have 1 – 2 child family) friendship to all including patient, service to life including tree.

For Obs - Gyn courses the following teaching materials are compulsory.

- Bony pelvis, foetal skull, baby doll for teaching presentations and labour.
- DAWN Rule of Ten pictorial healthy lifestyle adolescent and RCH wall calendar in regional language to distribute.
- All the equipments and facilities appropriate for Obs / Gyn hospital, neonatal nursery.
- Mounted surgical specimens in Obs / Gyn, USG & Xray Plates with adequate text books and teaching material in the library (in house).

- When adequate mounted specimens are not available photographs (8"x 6" or larger size) of operated specimen should be available for teaching and demonstration.

Fellow Guide is to procure Maternal Pelvis, Foetal Head and dummy foetus

The students and the Fellow guide may procure a set of Bhadra's Uterine Manipulator with or without nozzle for performing minilap tubectomy and laparoscopic procedures. It is a very useful instrument and widely used.

To order kindly contact:

Dr.Bimal Chandra Bhadra OR
Dr.Banasree Bhadra
8A\2 Anupama Housing
Complex Phase 1, VIP Road,
Near Haldiram, Kolkata
-700052.

Phone - 033- 25007902,
9432277902, 9830927902

Email: bcbhadra39@gmail.com
banasree22@yahoo.com

Responsibilities

Institutional Responsibility

- To promote standardized education and training on obstetrics, gynecology, child health (RCH) including neonate, infant immunization, contraception, demography and related areas.
- To provide academic and general support to the students and also ensuring appropriate education facilities available for teaching purpose.
- To provide support to the Fellow Guides engaged in the training programme of the post graduate medical students.
- To manage the curriculum and ensuring the proper facilities are available for supporting a student friendly training programme.

Fellow guide's Responsibility:

- To follow the principles and ethics of ICMCH and be a role model for the students.
- To supervise the progress of students learning and take active part in mentorship.
- To assess the students performance most objectively appraises them of their performance and guide them to improve their knowledge & skill.
- To allow and encourage students to attend CME/ Workshops relevant to their curriculum and make regular oral presentation & mock viva voce at the institution.
- To ensure suitable remuneration to be paid to the tune of Rs. 5000/- (minimum) to Rs.7000/- as prevalent in the city.

Student's Responsibility:

- To attend regularly all teaching activities conducted and maintain Daily Diary with discipline.
- Students will be responsible for their own learning and achieving the objectives set by ICMCH.
- To abstain from any activity which seem to lower dignity and nobility of the medical profession.
- **Candidates cannot change their mobile no & email id during the period of the training (one year) and till passing out.**

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PART

Courses

	Name of Courses	Eligibility	Course Duration
A	Diploma of Reproductive & Child Health (DRCH)	BHMS, BAMS, BUMS	One Year
B	Certificate course in Paediatric (CRCH)	BAMS	One Year
C	JUNIOR MIDWIFE	for girls only - passed 10th standards and onwards with reading and writing abilities in English	One Year

General Rules

1. Hospital or Fellow Guide (FG) must secure a copy of latest NARCHI - ICMCH Prospectus to understand the rules & curriculum of the courses. Subsequent editions will be available on request (by email) in CD form.

2. Current publications of DAWN BOOKS available by post. Send an order for your requirement by email to NARCHI HQ .

3. No mid – term admission against vacancy is allowed. When an admitted trainee leaves the course, no new admission is granted.

4. Fellow Guide can retire from teaching only on completion of a Trainee’s course. NARCHI - ICMCH course is with drawn if any centre does not run courses as per rules, or wish to close down.

5. FG should participate in academic activities, CME, Workshop pertaining to course curriculum to update clinical work from time to time for

clinical updates.

6. Lady trainee is not allowed on duty after 24 weeks of pregnancy and is also not allowed to appear in the examinations.

Cancellation of Candidature

Candidature may be cancelled upon FG’s report, without refund of any fees and upon report of any of the following:

- Absence of Trainee from duty for 2 weeks without prior permission of FG.
- A maximum one month of medical leave is allowed with prior permission of FG, and this leave is made up by extra working hours.
- Any report of indiscipline by FG.
- Non conformance with Dr. C S Dawn religion of humanism in professional

practice.

- Non appearance in examination within 2 years of completion of the course.
- **Only Admission and Course fee may be refunded if a trainee is admitted but decides to discontinue prior to joining the course. No refund is admissible after joining the course. Refund is at the sole discretion of NARCHI - HQ.**
- Any dispute will be subject to Jurisdiction of Calcutta Highcourt.

A. DRCH (Diplomate of Reproductive & Child Health)

- Interested candidates wish to undergo the training course should approach the concerned hospital where he/ she wants to be trained. Alternatively he can communicate with HQ over email regarding a suitable training centre after visiting www.narchi.org to select the centre.
- There is no admission test and FG is advised to undertake a thorough counselling with the candidate. The duty hours and responsibility of the candidate should be clearly explained and stipend should be adequate as prevalent in the city of training.
- Session - I : 1st June to 31st May**
- Session - II : 1 December to 30th November**

Fee Structure

Particulars	Fees (In Rs.)
At the time of Admission	
Payment to HQ (DD in favour of NARCHI payable at Kolkata)	
Admission Fee (including Books, Log Book Set, Calendar & Life Membership)	5,000/-
Course Fee	25,000/-
TOTAL :	30,000/-
Payment to Fellow Guide (FG)	
Fellow Guide Fee (including Hospital Fee)	25,000/-
Before Final Examination (to be sent to NARCHI HQ along with TCC before exam)	
Examination Fee (DD in favour of NARCHI payable at Kolkata)	5,000/- (aproximately)

Curriculum

Obstetrics & Neonatology

- Anatomy of Pelvis Organ
- Bony Pelvis/Foetal Skull
- Conception
- Foetal Development
- Diagnosis of Pregnancy
- Diagnosis of Twin Pregnancy
- Diagnosis of abnormal presentation & position in third trimester
- Nutrition in Pregnancy
- Drugs in Pregnancy
- Physiological changes during pregnancy
- Antenatal Care including basic investigations
- DAWN Rule of 10 (Antenatal care etc.)
- Pregnancy complication
 - a). Early pregnancy
 - 1. Bleeding in early pregnancy
 - 2. Hydatiform mole
 - 3. Ectopic pregnancy
- b). Late Pregnancy
 - 1. PIH/Eclampsia
 - 2. A.P.H
 - 3. Anemia
- Rh -ve pregnancy
- HIV-PPTCT
- LABOUR
 - a). Partogram
 - b). Mechanism of Labour
 - c). Various stages of labor
 - d). Management of labour
 - e). Complications of Labour
 - f). PPH
- Puerperium
 - a). Physiological changes
 - b). Complications
 - c). Management of Normal Puerperium
- Neonatology in short
 - a). APGAR Score
 - b). Prematurity
 - c). Neonatal Jaundice
 - d). Vaccination
- Maternal Mortality

Gynaecology

- Physiology of menstruation
- Physiology of ovulation
- Endocrinology of menstruation
- Abnormal vaginal bleeding
 - causes
 - a). Pathological
 - b).DUB
- PCOs clinical features
- Dysmenorrhoea
- Amenorrhoea
- Infertility (Basic Approach)
- Contraception
- General Health & Primary Care of women - adolescent to post Menopause
- Post Menopausal bleeding - diagnosis, clinical features and referral
- Benign tumours of uterus
- Prolapse Genital
- Ovarian Tumour in short
- Screening of CACX.
- RCH programme

Calendar of Events

	Events	Session - I (June - May)	Session - II (Dec - Nov)
1	Submission of Admission Form	1st April to 31st July	1st Oct to 31st January
2	Submission of Case Record Book (1st set) to HQ (Log Book Set 'B')	1st Dec to 31st January	1st June to 31st July
3	Submission of Training Completion Certificate (TCC) and Examination Fee	Before 10th April	Before 10th November
4	Final Examination	End of May	End of December

USEFUL WEBSITES (FREE)

www.rcog.uk/guidelines

www.acog.org/guidelines

www.medscape.org

www.fda.gov

www.gfmer.ch/homepages/database/guidelines

Register yourself for lifelong email updates with medscape.org and others

Requirements for the course

- Candidate must possess a digital camera along with other medical teaching aids during his duties in the hospital.
- Must possess a valid email id and access to regular internet for academic exercises. A mobile phone is imperative.
- **Candidate cannot change his/ her mobile no. and email id during continuation of the course and till clearance of the final examination. All communication will be paperless.**
- Following A, B, C & D are provided from HQ as case note set. (also from UP RC)

A. Daily Diary (DD) (Log book 'A')

Candidate must write Daily Diary on regular basis about daily ward rounds, important OPD and indoor patients and their progress, any interesting case seen and other relevant investigations undertaken for patients. Students have to fix patient's photo while examining and operating. Minimum 25 photographs per year are mandatory.

THIS DAILY DIARY HAS TO BE SIGNED BY FELLOW GUIDE EVERY WEEK WITH DATE.

B. CASE NOTES (Log book 'B')

- i) Obstetrics Case Notes
- ii) Gynaecology Case Notes

Candidate completes these Spiral bound **Case Note - book** set by writing in detail 10 cases

each and send it to HQ or Lucknow examination centre (for UP students only) by 31st January for June cycle and by 31st July for December cycle.

Out of 10 obs cases six must be vaginal deliveries with partography done by candidate. In obs clinical case notes candidates have to fix photos of pregnant patients with height, weight, BP checking, abdominal grips, listening to FHS; in Gyn cases, abdominal lump examination. All the above clinical cases are written on standard format as in Dawn text books.

This case record books are checked and a "**case record clearance card**" (CRCC) is sent to candidates through email from LKO and Calcutta.

Comments and corrections by the Registrar in the CRCC should be suitably implemented in the next Log book - 'C'

LAST FIVE YEARS QUESTION PAPERS FOR FINAL DRCH EXAMINATION ARE AVAILABLE IN OUR WEBSITE
www.narchi.org

C. CASE NOTES (2ND SET) (Log book 'C')

- i) Obstetrics Case Notes
 - ii) Gynaecology Case Notes
- 10 cases to be written in each case notes like previous spiral set 'B' and to be carried to the **Practical Examination Hall.**

D. Question – Answer Copy and Operative Note Copy (Log book 'D')

Detail answers of 10 Obs and 10 Gyn questions are written with colour diagrams, corrected and signed by FG.

Candidate also writes operative steps of 5 Obs and 5 Gyn surgical procedures (attach extra pages as required).

CAMP Activities

Rural camps and awareness activities are recorded in this log book D at appropriate place. Carry this book to the Practical examination Hall.

NB. : Each set of case note (A,B,C,D) is to be procured from Head Quarter at the beginning of academic session.

CALENDAR PROGRAMME

- Student had to distribute per year 20 "**Dawn Rule Of Ten**" Adolescent Pictorial Calendars in regional language to adolescent patients and neighbouring schools (boys & girls); permission from Head of the institution is mandatory. Student had to distribute per year 20 DAWN "**Rule of ten**" life style pictorial calendars to his/her patients. Programme best carried out during rural camps as well as urban areas and displayed in own hospitals. Further 20 Dawn "**Rule of Ten Antenatal Calendar**" to be distributed to Antenatal patients. Total 60 calendars are to be distributed per year. (To be ordered from HQ – give your preference of language).

How to complete formalities for examination

- Case Note set 'B' completed in every manner as mentioned before should be sent to HQ (or Lucknow for UP students) before 31st January (for June cycle students) and before 31st July (for December cycle students).
- The 'CRCC' will be sent by email two months before the examination from HQ.
- Carefully fill up the **Training Completion Certificate (TCC)** enclosed in the prospectus and get it signed by your Fellow Guide. CRCC, TCC (with photos), prescribed examination fee (DD), has to be sent to HQ by 10th April for June cycle and by 10th November for December cycle.
- Candidate will be issued the Admit Card for the Examination Hall from HQ.
- Centre of examination will be decided by NARCHI HQ.

Items to be carried to the Practical Examination Hall.

- **White Apron**
- **Daily Diary (DD)** checked and countersigned by the Fellow Guide with dates. Log book set 'A'.
- Original Clearance Card (CRCC).
- 2nd set (Log book Set 'C') of 10 Obs / Gyn Case Notes.
- Completed Log Book set 'D'
- Four colour passport size photographs
- Original ID Card issued by NARCHI.

Evaluation Process

- Final examination is held in the last weekend of May and November every year in state capitals and city decided by NARCHI HQ. At present, it is held in Kolkata and Lucknow (for UP candidates only). Students appear in written and oral practical examination before external neutral examiners

Final Examination

- There will be theory examination consisting of 100 marks each of two hours duration for Obstetrics and Gynaecology (two papers).
- The oral practical examination consist of examination of case notes (Log Book Set C') as clinical cases and instruments, contraceptives, specimens, problems and flying orals based on clinical curriculum.

Result

Result will be sent to candidate within 15 days of examination and also will be published on website (www.narchi.org). Marksheet will be sent from HQ to Student's address.

Rewards & Medals

NARCHI - ICMCH always honour good students and hard work. There will be gold medal, silver medal and cash prizes for candidates appearing in DRCH examination. Candidate with the best DRCH Log book will be also rewarded.

Convocation

A Provisional result with marksheet will be sent within one month of examination.

Final Certificates for the DRCH candidates are handed over at the Convocation ceremony of Biannual Conference of NARCHI in the month of September. Medals and prizes are handed over in the award ceremony of the convocation.

Next conference is at Lucknow in September 2014.

For Failures

If trainee becomes unsuccessful [below 50%] in theory or oral practical, clinical examination or all, trainee has to appear at all items in Supplementary Examination. Candidature is cancelled upon two consecutive failures. Trainee can sit for examination within 2 years after completion of training. Thereafter Candidature is cancelled.

B. CRCH (Certificate course in Rural Child Health)

Eligibility :

BAMS recognized by Central Council of Indian Medicine (CCIM)

Admissions: - Every Six month One candidate per Fellow Guide.

Curriculum for CRCH Course

Duty hrs: - 8 hrs minimum daily. Night duty 2 nights per week.

Leave: - 15 days leave and 15 days sick leave – total 30 days a year.

Stipend minimum: - Rs 3000/- to 5000/- per month.

Final exam: Twice in a year.

Exam center: ICMCH Pediatric Unit Nagpur/ other state capitals as declared from time to time by NARCHI HQ.

Course

Theory classes 4 classes per month.

Case discussion – 4 case discussions per month.

Hands on training.

LOG BOOKS

Daily dairy writing - 365 days.

10 Question & Answer writing.

12 Clinical Case Notes writing.

Course contents

(Academic Topics)

- Antenatal care of the Mother
- Essential newborn care
- Identification of common congenital malformations
- Prevention of neonatal infection
- Neonatal resuscitation
- Breast feeding
- Immunization
- Nutrition
- Complimentary feeding
- Growth & development factor affecting growth & development
- Anemia in child

- Hemoglobinopathies
- Jaundice
- Diarrhea
- ARI
- Ped. Emergencies (BLS)
- Convulsions
- Common problems in Adolescence
- School Health
- Rational drug therapy
- Basic understanding on hearing problem
- Endocrine diseases, Diabetes & Hypothyroidism
- Prevention of Accidents
- Management of minor trauma and fractures in children
- Hypertension
- Cong. Heart diseases
- Cerebral Palsy & Mental Retardation
- UTI
- Meningitis /Encephalitis
- Dental Hygiene and guidance
- Common poisoning
- RCH programme

For detail curriculum email to narchihq@gmail.com

Fee Structure

Particulars	Fees (In Rs.)
At the time of Admission	
Payment to HQ (DD in favour of NARCHI payable at Kolkata)	
Admission Fee	5,000/-
Payment to Fellow Guide (FG)	
Admission Fee (to ICMCH Regional Centre, Nagpur for candidates in Maharashtra only)	2,000/-
Fellow Guide Fee (including Hospital Fee)	10,000/-
Final Year Examination Fee to Fellow Guide or as directed by NARCHI	5,000/-
Supplementary Examination Fee to Fellow Guide	3,000/-

C. Junior Midwife Training Course

Curriculum Of JUNIOR MIDWIFE TRAINING COURSE

Course duration : 12 months starting at first April every year.

Eligibility : Girl with minimum 10th year to graduate educated who read and write English. Village girls are given preference.

Admission : Selection by F.G. oral testing in English, interview, handwriting. She has to work in the training centre as trainee from 8 a.m. – 2 p.m. every week day. Nurses Union to put during duty hours – white sari with blue Border, white blouse and blue waist belt and name of Trainee's with ICMCH.

Teaching Staff : Theory and Practical Training is given by ICMCH Fellows, doctors and qualified nurses of the training centre.

Number of Candidate per centre : One per ten beds

Medium of Instructions and Exam : Vernacular, English with technical English terminology.

Fees to pay for admission : See Fees Structure.

COURSE CONTENTS

All chapters in DAWN Textbook of Obstetrics and all chapters in Text book of Gynaecology.

People's Education on RCH, Adolescent and healthy life style calendars in regional language as in other courses.

Three types of Calendars are sent (five each) from HQ for distribution and display at appropriate places.

PRACTICAL TRAINING

1. Antenatal Clinic : 100 sessions, antenatal clinic training on DAWN Rule of Ten RCH Care. Inj. Tetanus vaccine given to 250 cases (both wife and husband). Filling of RCH record card on history taking-checkups of height, weight, blood pressure, general health, pelvic exam, abdominal foetal palpation, grips, FHS. To identify high risk pregnancies and their referral to specialist. She practices Dr. C S DAWN Religions of Humanism as in Lifestyle Calendar.
2. Gynaecological OPD : Menstrual Disorders, uterine fibroid, ovarian tumours, Gyn cancers, infertility care, genital prolapse and infection.
3. Obstetric ward Training for nursing care.
4. MTP Clinic.
5. Labour Room Duty : Labour care, normal delivery, episiotomy and repair, third stage management. Exposure to low forceps. Ventous delivery – Assistance in caesarean section, Tubectomy, vasectomy, MTP other operations. To identify high risk labour and neonate and their referral to specialist.
6. Postnatal care at lying in ward and postnatal clinic for neonatal care, breast feeding, infant immunization and training on contraception (fitting in Cu device, distribution of Condom, oral pill) inj – depoprovera.
7. Gynaecological ward duty for nursing care.
8. To learn how to give

injections – S.c, I.M.I.V./ I.V Drip, how to administer enema and prepare patients for operations.

9. Operations theatre training for obstetrics – Gynaecological Operations.

10. How to set instrument tables and to run sterilizer. As per RCH Educator's Course (Text Book of obstetrics chapter 46). Trainee also educates pregnant woman from DAWN Rule of Ten RCH Calendars in regional language which is handed over to her to display at her bed room and also distribute healthy life style calendar to school boys/ girls. She gets these calendars from FG on paying Rs.20/- per calendar. The following books will be supplied at the time of admission to follow during the training course.

Prof. C.S. DAWN Textbook of Obstetrics & Neonatology, DAWN Textbook of Gynaecology & Contraception, DAWN Oral Practical Clinical Method Handbook, Standard Drug Today and population pictorial hand books. To keep a diary of daily work, record of cases examined, operation assisted. Fortnightly examination on practical work by local guide.

Final Evaluation at the end of 12 months training by F.G. of the training Centre, Theory 100 marks, oral practical Instruments 50, clinical 100 (including diary 20 marks), qualifying Marks – 50%. Marks are sent to ICMCH who sends certificate to the fellow.

EMPLOYMENT : These trained girls on junior midwife course can be employed at private

Nursing Home, Hospitals and Clinics.

Private Practice : Junior midwife certificate holder can practice as trained Midwife particularly in villages. This course is basically programmed to eliminate dais from rural delivery work. High risk cases are referred early to doctors by Junior midwife.

DAWN Rule or Ten Pictorial Calendars in regional language are available for distribution by all trainees free of cost to patients/ school boys/ girls. From calendar print centre. She gets each calendar at a cost of Rs.20/-.

RECOMMENDED STUDY MATERIALS

Textbook of Obstetrics & Neonatology, Dr. C. S. Dawn

Textbook of Gynaecology, Contraception, Demography, Dr. C. S. Dawn

Standard Drug Today – DAWN Books

**Available from:
25B, C. I. T. Road,
Kolkata – 700014, E-mail:
narchihq@gmail.com**

REFERENCE BOOKS

Textbook of Gynaecology by Dr. Shaw.

Textbook of Obstetrics by Allen Brews.

Other WHO recommended study materials.

Fee Structure

Particulars	Fees (In Rs.)
At the time of Admission	
Payment to HQ (DD in favour of NARCHI payable at Kolkata)	
Course Fee (including Admission Fee and Examination Fee)	4,000/-
Payment to Fellow Guide (FG)	
Fellow Guide Fee	2,000/-
Examination Fee (before Exam to FG)	1,000/-

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3

PART

An abstract graphic design featuring several overlapping shapes. A large, light purple shape dominates the right side, resembling a stylized letter 'd' or a large drop. To its left, there are two smaller purple circles of different sizes. Further left, there is a single green circle. The text 'Application forms A to G' is centered horizontally across the middle of the page, with a thin black line underneath it.

Application forms A to G

FORM - A

NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF India (NARCHI)



Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal
Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767
Email: narchihq@gmail.com Website : www.narchi.org

Life Membership Application Form

Fix your
photo here

To,
The Secretary General, NARCHI
25B, C. I. T. Road, Kolkata - 700 014

Sir,

I am applying for life membership of **NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF INDIA.**

NAME (in Block Letters) :

ADDRESS (in Block Letters) :

City / Town :

Pin Code (Compulsory):

State / Province :

Phone/ Cell Phone :

Email:

(without valid email form is not acceptable)

Date of Birth:

EDUCATIONAL QUALIFICATION

MBBS

Year

BAMS/ BHMS/ BUMS

Year

Others (Please specify)

QUALIFICATION for non - physician Profession

PRESENT APPOINTMENT


Teaching Experience (Year)

Signature _____

**Future communication from HQ will be through email and SMS ; this is part of green initiative.
Members will be responsible for intimating this office about any relevant change in the future**

FORM - B

This **IDENTITY CARD** is for **DRCH & CRCH** candidates. This **FORM - B** to be filled up properly and get signed by **Fellow Guide** and to be sent to **NARCHI - HQ** along with the **Admission form**.

Fix your stamp size photo	NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF India (NARCHI)	
	& Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)	
	25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal	
IDENTITY CARD		
NAME OF THE STUDENT : _____		
ROLL NO. _____		
YEAR OF ADMISSION _____ CYCLE- I : JUNE / CYCLE -II : DEC		
ADDRESS : _____ _____		
PIN CODE _____ MOBILE : _____		
NAME OF THE TRAINING HOSPITAL : _____		

NAME OF THE PROGRAMME : _____	
SIGNATURE AND SEAL OF FELLOW GUIDE	SIGNATURE OF STUDENT
DATE :	
DEAN DR C S DAWN ICMCH	SECRETARY GENERAL NARCHI - ICMCH
IDENTITY CARD IS NOT TRANSFERABLE	
It is valid only when the identity card of the student is duly attested by the Secretary General, NARCHI - ICMCH, Kolkata.	
The address, contact nos and email id cannot be changed during the course period (1 year)	

FORM - C



NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF India (NARCHI)

Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal

Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767

Email: narchihq@gmail.com Website : www.narchi.org

Application for DRCH Admission

ONE YEAR COURSE FOR BHMS, BAMS, BUMS

Fix your
Passport
Size
photo here

SESSION – I : 1st June to 31st May (last date for application – 31st July)

SESSION – II : 1st December to 31st November (last date for application – 31st January)

EXAMINATION CENTRE : KOLKATA (Permanent Centre)

LUCKNOW & other centres to be declared from time to time

To,
The Dean

Dr. C. S. DAWN Indian College of Maternal & Child Health (ICMCH)

25B, C. I. T. Road

Entally

Kolkata – 700014

Sir,

I like to get admitted in Residency Training for DRCH course of NARCHI – ICMCH and submitting the details as required in the following page.

I am also enclosing a CBS cheque of Rs. 30,000/- in the name of **NARCHI** and **four passport size photographs** (name written on the back).

Yours sincerely,

Signature of Candidate

Enclosed attested Photocopies of the following (Compulsory):

1. **BAMS/ BHMS/ BUMS Passing Certificate, internship completion Certificate and Certificate of Registration of relevant state medical council**
2. **Receipts of Payments of Rs.25,000/- to the Fellow Guide.**

Admission Fee Rs.5000/- for Log Books & Miscellaneous and course fee Rs.25,000/- Examination Fee Rs.5000/- (approx.) payable to NARCHI HQ before Final Examination.

CANDIDATES BIO DATA

Name (Block Letters) : _____

Father's name :

Date of Birth:

Male/Female:

BAMS/ BHMS/ BUMS (Year):

Date of completion of Internship

Name of Medical College (passed out):

State Council Registration No. (Year compulsory):

Address (Correspondence)

..... Pin Code.....

State..... Telephone..... Email

Address (Permanent).....

..... Pin Code

Date :

Signature of the Candidate

Fellow guide undertaking (own handwriting):

I, Dr. do hereby solemnly pledge that I will complete the training programme of my student whom I have enrolled for the course under NARCHI – Dr. C S Dawn ICMCH .

I do understand that if I fail to complete the training of the student, my fellow guide appointment will be cancelled and I am liable for refund of all the remuneration I have received. I ensure that my candidate is suitably paid a stipend from the Hospital.

Date:.....

Signature of the Fellow Guide (FG)

Fellow Guide's Personal Mobile No.....

Name of the Fellow Guide..... email :

Name and Address of Hospital / Nursing Home of Fellow Guide (in Block Letters)

.....

.....

Pin Code..... State Telephone No.

If the Fellow Guide is a partner or a visiting consultant to the training hospital, the following additional endorsement is requirement.

Training Hospital Agreement: The Hospital agrees to give all facilities to trainee for 1 year working in the hospital and pay suitable remuneration as applicable for such doctors prevalent in the city.

Signature of Superintendent/ CEO/ Owner of the Hospital

(Hospital Seal)

FORM - D

NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF India (NARCHI)



Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal
Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767
Email: narchihq@gmail.com Website : www.narchi.org

Application for CRCH Admission

ONE YEAR COURSE FOR BAMS

Fix your
Passport
Size
photo here

To
The Dean
Dr. C. S. DAWN Indian College of Maternal & Child Health (ICMCH)
Kolkata - 700014

Respected Sir,

I am applying for admission into Residency Training for CRCH course of ICMCH - NARCHI.

Name: Dr. _____
Date of Birth _____ Sex: Male / Female _____
BAMS passed in Year _____ Date of completion of internship (compulsory): _____
Name of the Medical College (passed out): _____
Name of the University: _____
Medical Council Registration No.: _____ Date/Month/Year _____
Any prior training: From _____ to _____ Name of the Hospital / Institution
of training: _____ (Produce certificate of
training from the centre and enclose it with this application).
Date of joining the course _____

I shall abide by rules and requirements of training as per Prospectus/Guidelines and will work as Assistant to the ICMCH Fellow Guide for full period. For absence I will take leave from the Fellow Guide in writing. Course will be cancelled in case of leave without permission or any indiscipline. I understand the current status of training course - CRCH or as applicable in respect of MCI. I hereby confirm that I will not hold my Fellow Guide or College (ICMCH) responsible for any dispute arising out of this issue.

TRAINEE'S BIODATA (in Block Letters) :

Name of Trainee _____
Father's/Husband's Name: _____
Address in Block Letters: _____

City/Town: _____ Tahsil _____ Dist: _____
State _____ Pin Code _____
Telephone: STD Code _____ Phone No _____
Mobile _____ Email: _____

Date: _____

Signature of the Trainee

FELLOW GUIDE UNDERTAKING:

I agree to train the trainee for TWELVE months or more as per Prospectus/
Guidelines.

I accept Dr. _____
For training and teaching of CRCH Course from _____ to _____

Date: _____

signature of Fellow Guide

Name of Fellow Guide _____

Mobile _____ Email: _____

Name & Address of Hospital / Nursing Home / Institution of Fellow Guide (in Block letters)

_____ Pin Code _____

Telephone with STD Code _____

Email: _____

TRAINING HOSPITAL AGREEMENT:

The Hospital agrees to give all facilities to trainee for 12 months or more working in the hospital as in the Prospectus/Guidelines and pay a suitable remuneration to the trainee doctor as prevalent in the city.

Signature of Superintendent / CEO

Name & address of Hospital _____

(Hospital Seal)

Enclose attested Photocopies of the following (Compulsory):

1. BAMS Degree / Passing Certificate,
2. Medical Council Registration Certificate,
3. Receipts of Payments made to Fellow Guide or at Regional Centre Nagpur.
4. **Four passport size photographs, name written on the back.**

ALL SPACES IN THE FORM SHOULD BE FILLED UP APPROPRIATELY WITH RELEVANT INFORMATION AND NO BLANK SPACE OR LINE SHOULD BE LEFT

FORM - E



NATIONAL ASSOCIATION FOR REPRODUCTIVE AND CHILD HEALTH OF India (NARCHI)

Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal
Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767
Email: narchihq@gmail.com Website : www.narchi.org

Application Form of Jr. Midwife Course

Fix your
photo here

To,
The Dean
Dr. C.S. Dawn ICMCH, Kolkata

Sir/ Madam,

I like to be admitted into Junior Midwife Course for one year. I have sent Rs. 4,000/- DD for Admission and course fee. I also agree to pay Rs.2,000/- as Fellow Guide fee & Rs. 1000/- for Examination fee to the Fellow Guide at the time of Examination.

I am enclosing **two (2) passport size photograph**

NAME (in Block Letters) :

ADDRESS (in Block Letters) :

City / Town :

Pin Code (Compulsory):

State / Province :

Phone/ Cell Phone :

Email:

(without valid email form is not acceptable)

Date of Birth:

SIGNATURE

EDUCATIONAL QUALIFICATION

SCHOOL LEAVING CERTIFICATE (CLASS X)

Year

CLASS XII (10+2)

Year

GRADUATION

Year

NURSING/ OTHERS

Year

Read & Write English Yes No

Read & Write Mother Tongue(name)

NAME OF THE HOSPITAL WHERE TRAINING WILL BE TAKEN:

COURSE PERIOD : FROM _____ TO _____

NAME OF THE FELLOW GUIDE :

ADDRESS :

Mobile No. :

SIGNATURE OF FG

Payment Type:

Cheque No.

Bank & Branch :

Demand Draft No.

Bank name

Cash

FORM - F



Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal
Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767
Email: narchihq@gmail.com Website : www.narchi.org

TRAINING COMPLETION CERTIFICATE (TCC)

For DRCH course

On acceptance of this certificate by Dr.C S Dawn ICMCH, Trainee can sit for Exam
(Incompletely written Certificate will be rejected)

Fix your
photo here

To,
The Dean
NARCHI - Dr. C. S. Dawn ICMCH
25-B, C. I. T. Road, Kolkata - 700 014

Sir,

I have worked for one year as trainee assistant to my Fellow Guide Dr _____.

My date of joining for the course was _____ and date of completion will be _____.

I had been absent for _____ days in one year.

I had written the clinical case notes and send them to NARCHI - HQ or UP - RC as directed and received my **Case Record Completion Certificate** in time. I have further completed the other log books and will be appearing in the final examination at prescribed centre decided by HQ.

Yours sincerely,

Date.....

Signature of Trainee

Name (Block Letters).....

Address.....

City/Town.....Postal Code.....Phone.....

Email of TraineeMobile No.....

I have trained Dr _____ for one year as per Curriculum of NARCHI - ICMCH and have been satisfied with her clinical work. He/ She has made adequate progress during the period to my satisfaction.

In a scale of 1 to 10, I'll give him/ her a score of _____ .

Date

Signature by Fellow Guide

Name of FG (Block Letters).....

Address.....

Postal Code.....Phone.....

Date.....Email of FG

Fellow Guide does not forward this Certificate unless she/he is satisfied with working of trainee. When trainee's work is satisfactory this certificate is forwarded.

FORM - G



Dr. C.S. DAWN, INDIAN COLLEGE OF MATERNAL & CHILD HEALTH (ICMCH)

25B, C.I.T. ROAD , ENTALLY, KOLKATA - 700014, West Bengal

Phone: 91-33-2249 5767/ 0-974877 5767 Fax: 91-33-2249 5767

Email: narchihq@gmail.com Website : www.narchi.org

Appraisal form for CRCH course

When accepted by NARCHI - HQ, an email confirmation will be sent.

(Incompletely written Certificate will be rejected)

Fix your
photo here

**To,
The Dean
NARCHI - Dr. C. S. Dawn ICMCH
25-B, C. I. T. Road, Kolkata - 700 014**

Sir,

I have worked for ten months as trainee assistant to my Fellow Guide Dr _____.

My date of joining for the course was _____ and date of completion will be _____.

I had been absent for _____ days during my training per.

I had written the clinical case notes for twelve cases, will be completing other two Log books. They will be duly completed including signature of fellow guide and will be carried to the final examination hall.

Yours sincerely,

Date.....

Signature of Trainee

Name (Block Letters).....

Address.....

City/Town.....Postal Code.....Phone.....

Email of TraineeMobile No.....

I have trained Dr _____ for one year as per Curriculum of NARCHI - ICMCH and have been satisfied with his/ her clinical work. He/ She has made adequate progress during the period to my satisfaction.

In a scale of 1 to 10, I'll give him/ her a score of _____ .

Date

Signature by Fellow Guide

Name of FG (Block Letters).....

Address.....

Postal Code.....Phone.....

Date.....Email of FG

Fellow Guide does not forward this Certificate unless she/he is satisfied with working of trainee. When trainee's work is satisfactory this certificate should be sent by FG after signing two months before the exam.

Rule of 10 Calendars

RULE OF TEN MOTHER & CHILD

1. Ten times pregnancy check up for High Risk Pregnancy and only 5 checkups for normal pregnancy by trained health personnel starting from the tenth week. Pregnancy termination (MTP) by tenth week for unplanned pregnancy. Sexual act should be prohibited during pregnancy. High Risk Pregnant woman should consult an obstetrician.



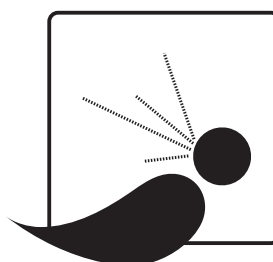
6. Ten – Twelve hours of normal labour management in first pregnancy and 5-6 hours in second pregnancy, on keeping WHO partography chart by trained birth attendant in clean delivery room. High risk labour cases should be referred to an obstetrics specialist.



2. Ten kg weight gain during pregnancy should be practised by taking adequate chapatti, rice, dal, vegetables, fruits, milk and boiled water (to prevent jaundice) in order to get a three kg healthy baby.



7. Ten Apgar score baby (crying baby) should be delivered in a warm room. High risk baby should be referred to a paediatrician.



3. Pregnant mothers should have ten hours of sleep (two hours in the afternoon and 8 hours at night) for the growth of the baby.



8. Practising one-two child family By tenth weeks, contraception should be introduced-either as CU device or oral pill or Inj. Deprova (by woman) and condom usage (by husband). Second child birth should be delayed to 4 years. Tubectomy or Vasectomy should be practised after second child birth.



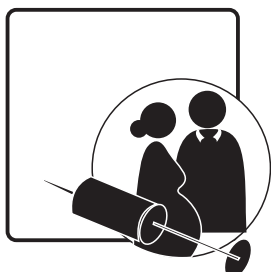
4. Blood haemoglobin is to be Kept to eleven gram by taking one iron folic capsule like Autrin, a day, from the fifth month of pregnancy and also during the first three months of breast feeding. Lab tests to be done are: Hb, ABORh group, post glucose blood glucose (at six months), HbAg, urine analysis, HIV (after counselling and consent).



9. Breast feeding should be continued for at least ten months along with the solid food from the sixth month.



5. Inj. Tetanus vaccine- first dose on 18th week, Second dose on 24th week of pregnancy. Non immunized husband should be given two dozes of inj. Tetanus vaccine along with wife. Couple could be affected by AIDS, hence sexual activity with other woman or men should be prohibited. A course of mebendazole at six months to be taken for 3 days (WHO)



10. Infant immunization should be completed by ten months inj. Hepatitis B, inj. BCG by 1st month, oral polio on 2nd, 3rd, 4th months along with triple antigen doses (2nd, 3rd, 4th months) and inj. measles on 10th month. Infant can be immunized with pulse polio within five years.



RULE OF TEN CALENDAR FOR ADOLESCENTS

HEALTH – SEX EDUCATION FOR SCHOOL BOY & GIRL(10-19 YEARS)

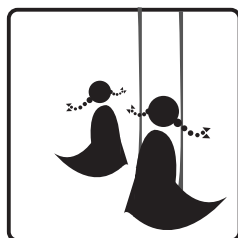
1. I will take up a health check-up routine for height, weight and blood pressure yearly. I will take care of environmental sanitation and use mosquito curtain against malaria.



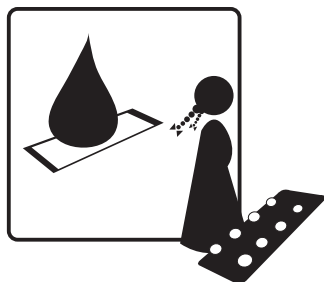
2. By taking ample rice, chapatti, dal, vegetable, milk and boiled water (to prevent jaundice) i will try to keep up to the standard height and weight for adult (every year).



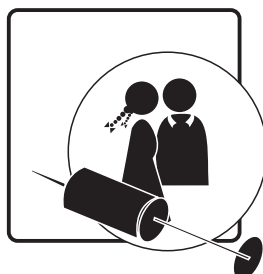
3. I will refrain from watching television, instead play in the afternoon and take eight hours sleep every day.



4. I will take oral iron – folic acid (Autrinn) cap, daily for 4 months as a girl and build minimum of twelve gram percent blood haemoglobin. Blood tests e.g. Haemoglobin test, Blood Group Test, Thallasaemia Screening, before marriage (HPLC).



5. I will take inj. Tetanus vaccine (2 doses at 6 weeks intervals & third dose 6 months after the second). Thereafter inj. Toxoid every three years lifelong. Inj. Rubella vaccine will also be taken.



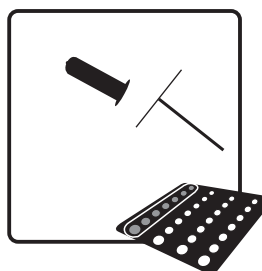
6. I will not marry before 20 years as girl and 25 years as boy and i complete minimum 10 standard educations with english.



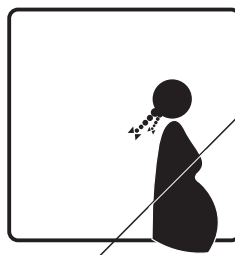
7. I accept 1-2 child family when married as national duty of an Indian citizen; i will not discriminate between boy and girl child.



8. I will regularly practise contraception after marriage (condom by husband), oral pill, copper device in the womb (by wife) before and after the first child birth. I will undertake Tubectomy or Vasectomy after second child.



9. I take it as a sin to practise sex before marriage. (in a sexual act, boy pushes his erected penis into girl's vagina through the aperture in middle of girl's private part, rubs it till semen is discharged). Thus by preventing premarital sex, i will save my life from teenage pregnancy as a girl and AIDS, syphilis and Gonorrhoea as boy/girl.



10. By practising Dr. C.S Dawn rule of ten mother and child health care calendar education after marriage,(as a woman i will undergo a healthy pregnancy & childbirth). Husband will also be educated in this.



C.S. DAWN TEXTBOOK OF OBSTETRICS, NEONATOLOGY & RCH EDUCATION

New Standard Revised 16th Edition 2003

Price Rs. 390/- (India), 30 US Dollar (Abroad)

C.S. DAWN TEXTBOOK OF GYNAECOLOGY, CONTRACEPTION & DEMOGRAPHY

14th Edition 2003 Price Rs. 390/-

C.S. DAWN STANDARD DRUG TODAY in OBSTETRICS, NEONATOLOGY, GYNAECOLOGY, CONTRACEPTION

1998, Price Rs. 50/-

EXAMINEE'S ORAL PRACTICAL CLINIC EXAM.

Handbook in Obs/Gyn

3rd Edition 1999, Rs. 150/-

PEOPLES EDUCATION BOOK

C.S. DAWN RULE OF TEN PICTORIAL RCH WHEEL

- **To Stabilize Indian Population (in English, Rs.20/-)**
- **C.S. DAWN Rule of Ten Healthy Lifestyle Wall Calendar (in English, Hindi, Bengali & other Regional Languages, Rs.20/-)**
- **C.S. DAWN Rule of ten RCH Wall Calendar (in English, Hindi & Bengali Rs.20/-)**
- **C.S. DAWN Adolescent Rule of Ten Calendar (in English, Hindi & Bengali Rs.20/-)**
- **C.S. DAWN Sukhi Jiban (in Bengali 9th Edition, 2002, Rs. 100/-)**

Secure a copy by sending price of each book and calendar by Demand Draft or Money order plus Rs. 25/- postal charge in name of DWAN BOOKS and your name and full address in Block Letters with Pin-code on your Letter head pad. Book will be sent by Registered Parcel.

Join ICMCH Book – Calendar centre to distribute all above

Available from

DAWN BOOKS

25B, C.I.T. Road, Entally, Kolkata – 700 014

Phone / Fax – (033) 2249 5767/ 0-9748775767 (11 am to 5 pm Mon to Friday)

E-mail: dawnbooks1@gmail.com / narchihq@gmail.com

LIASON CENTRE LUCKNOW

Col. S.K. Mukherjee

549 / 255 Bara Baraha, Lucknow – 226 005

Ph: (0522) 2453 890

This Prospectus supersedes all previous rules.

Admission Procedure Step by Step

STEP - 1

Interested candidates should visit our **website www.narchi.org for affiliated hospitals** and select their suitable centre for the course. They can also request NARCHI HQ for updated centre list by sending an email.

STEP - 2

Candidate after selecting his centre should fill up the form available in the Prospectus. Payment should be enclosed along with forms. CBS cheque/ Demand Draft should be in favour of "**NARCHI**". (For DD it should be payable at Kolkata.)

for **DRCH** - send **FORMS A+B+C**,
for **CRCH** - send **FORMS A+B+D**,
for **MIDWIFERY** send **FORM E** only

STEP - 3

Candidates are advised to make sure that they understand the course curriculum which has been chosen. He/ she should also understand clearly the prospects as well as limitations of the particular course and training.

NATIONAL ASSOCIATION FOR REPRODUCTIVE & CHILD HEALTH OF INDIA (NARCHI) & DR. C. S. DAWN INDIAN COLLEGE OF MATERNAL & CHILD HEALTH OF INDIA (ICMCH)

25B, C.I.T. Road, Entally, Kolkata – 700 014

GPS Log : 88° 22' 20 E, 22° 33' 25 N

Phone / Fax – (033) 2249 5767/ 0-97487 75767 (11 am to 6 pm Mon to Friday)

e – Mail: narchihq@gmail.com / csdawn_icmch2006@yahoo.co.in

Website: www.narchi.org

Future communication from HQ will be through email and SMS; this is part of green initiative. Members will be responsible for intimating this office about any relevant change in the future.

Cost of Prospectus:

2013 Revised: Rs.300/- including application form and postage

Published & available from:

NARCHI - KOLKATA

E – Mail: narchihq@gmail.com

Website: www.narchi.org